

I have been growing a Yacon, *Smallanthus sonchifolius* since receiving a plant from an herbie friend at the National Herb Society's Educational Conference in Asheville this past May. She had started it from an edible tuberous root, obtained from her travels in South America. She brought samples of the tuberose roots, and they were very tasty, and slightly sweet.

The Yacon is a relative of the Jerusalem artichoke, another plant that develops edible rhizomes.

My plant has exceeded all expectations in size, (taller than me) but it has not bloomed, and may not have time to do so in our zone 5. I will dig it up after frost and enjoy eating, while of course, saving some roots for planting next year.



6 Ft + Yacon plant



Yacon tubers, edible